

Kant. **Sport**
Benken **Fit-Tag**
2. Juni 2012

Rangliste



stvbenken.ch

Frauen- und Damenriege
Männerriege Benken



RAIFFEISEN



ImmobilienService | Beratung | Verkauf
Armin Wyrsch | 8717 Benken
065 283 45 20 | www.awimmo.ch



Bäckerei-Konditorei-Confiserie AG

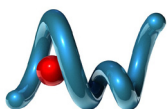
Alte Jonasstrasse 80
8640 Repperswil
Tel. 055 210 15 44 / Fax 055 210 15 60

Hauptsponsor

RAIFFEISEN

Raiffeisenbank Benken
8717 Benken
Telefon 055 293 35 35
www.raiffeisen.ch/benken
Weitere Standorte:
Gommiswald . Kaltbrunn . Uznach

Co-Sponsoren



AWIMMO

AWIMMO Immobilienservice -
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Armin Wyrsch
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Ortsgemeinde Benken
Politische Gemeinde Benken
Wasserkorporation Benken
www.benken.ch



Bäckerei-Konditorei-Confiserie
Wick AG
Michael Wick
8640 Rapperswil
Telefon 055 210 15 44
www.baekerei-wick.ch

Kategoriensponsoren



Debrunner Acifer AG
8752 Näfels
Telefon 055 618 82 38
www.d-a.ch

Bauunternehmung
Hofstetter AG

Bauunternehmung Hofstetter AG
8717 Benken
Telefon 055 283 16 77
www.ihrebauunternehmung.ch



Josef Giger AG
8730 Uznach
Telefon 055 285 85 20
www.handwerker-center.ch

Getränke-Eggä Kühne

Kühne A. + Sohn AG
8717 Benken
Telefon 055 293 32 32
kuehne.trans@bluewin.ch



Lignokustik AG Benken
8717 Benken
Telefon 055 293 24 00
www.lignokustik.ch



Niklaus Jud Dorfmetzgerei
8717 Benken
Telefon 055 283 28 27
www.metzgerei-jud.ch



Relux Reklamen GmbH
8717 Benken
Telefon 055 293 57 57
info@relux-reklamen.ch

SCHÄNIS

STS Systemtechnik Schänis GmbH
8718 Schänis
Telefon 055 619 68 00
www.schaenis.com



Urs Hager Elektro Anlagen GmbH
8717 Benken
Telefon 055 293 55 88
info@elektro-hager.ch



Wagner Uznach AG
8730 Uznach
Telefon 055 285 82 90
www.wagner-ag.ch

Rangliste Fit&Fun 1a und 1b

Männer und Frauen

Rang	Verein	Fuss-Ball-Korb	Intercross	Endnote
1	STV Oberriet-Eichenwies	10Ti 6Tu 10.00	12Ti 6Tu 10.00	10.00 10.90579
2	FR MR Balgach	6Ti 2Tu 10.00	7Ti 2Tu 10.00	10.00 10.61245
3	FR MR Buchs	4Ti 4Tu 10.00	5Ti 4Tu 10.00	10.00 10.33033
4	STV Eschenbach	7Ti 5Tu 10.00	5Ti 7Tu 10.00	10.00 10.31529
5	TV Niederwil	7Ti 9Tu 10.00	9Ti 9Tu 9.78	9.89
6	FR MR Marbach	10Ti 10Tu 10.00	8Ti 10Tu 9.58	9.79
7	FR Lüchingen	7Ti 5Tu 10.00	7Ti 5Tu 9.46	9.73
8	Gymnastik Schmerikon	6Ti 2Tu 10.00	4Ti 2Tu 9.42	9.71
9	MR Rüthi	0Ti 8Tu 10.00	0Ti 9Tu 9.38	9.69
10	FR MR Kriessern	11Ti 13Tu 10.00	11Ti 16Tu 9.36	9.68
11	STV Oberhelfenschwil	5Ti 7Tu 10.00	5Ti 7Tu 9.11	9.56
12	TV Gossau	11Ti 5Tu 9.78	11Ti 4Tu 9.14	9.46
13	FR MR Degersheim	8Ti 4Tu 9.75	8Ti 7Tu 9.04	9.40
	FR Galgenen	8Ti 0Tu 9.67	6Ti 0Tu 9.12	9.40
15	FTV MTV Brunnadern	7Ti 5Tu 9.68	7Ti 5Tu 9.01	9.35
16	DTV Wildhaus	8Ti 0Tu 10.00	6Ti 0Tu 8.68	9.34
17	FR MR Widnau	4Ti 8Tu 8.81	4Ti 8Tu 9.71	9.26
18	TV Zuzwil	6Ti 6Tu 9.60	6Ti 6Tu 8.76	9.18
19	MR Wattwil	2Ti 10Tu 9.24	3Ti 9Tu 9.03	9.14
20	MR Oberegg	4Ti 8Tu 9.87	4Ti 8Tu 8.29	9.08
21	STV Kaltbrunn	9Ti 23Tu 9.71	9Ti 24Tu 8.36	9.04
	FTV MR Waldstatt	6Ti 10Tu 9.61	5Ti 10Tu 8.46	9.04
23	FR MR Niederurnen	5Ti 3Tu 8.99	6Ti 3Tu 8.55	8.77
24	FR MR Schwellbrunn	0Ti 12Tu 9.01	0Ti 12Tu 8.31	8.66
25	TV Bichwil	0Ti 8Tu 9.21	0Ti 6Tu 8.06	8.64
26	STV Gams	7Ti 5Tu 8.91	7Ti 5Tu 8.08	8.50
	FR MR Gommiswald	17Ti 15Tu 9.21	17Ti 16Tu 7.78	8.50
28	TV Rebstein	12Ti 12Tu 8.87	12Ti 12Tu 8.06	8.47
29	FR MR Teufen	1Ti 7Tu 8.63	1Ti 8Tu 7.98	8.31
30	FTV MR Urnäsch	15Ti 5Tu 8.91	15Ti 6Tu 7.67	8.29
31	TSV Mörschwil	0Ti 8Tu 8.34	0Ti 6Tu 7.75	8.05
32	MR Bad Ragaz	0Ti 8Tu 8.14	0Ti 6Tu 7.88	8.01

Rangliste Fit&Fun 1a und 1b

Seniorinnen und Senioren

Rang	Verein	Fuss-Ball-Korb	Intercross	Endnote
1	TV Niederwil	1Ti 7Tu 10.00	1Ti 8Tu 10.00	10.00 10.72941
2	DTV St.Gallen-Post	8Ti 0Tu 10.00	6Ti 0Tu 9.11	9.56
3	FR MR Kriessern	3Ti 5Tu 8.97	3Ti 3Tu 9.99	9.48
4	STV Heerbrugg	4Ti 4Tu 10.00	4Ti 5Tu 8.90	9.45
5	TV Zuzwil	7Ti 5Tu 10.00	7Ti 5Tu 8.72	9.36
6	STV Oberriet-Eichenwies	12Ti 0Tu 10.00	12Ti 0Tu 8.57	9.29
7	MR Bazenheid	4Ti 8Tu 7.67	4Ti 8Tu 8.07	7.87

Rangliste Fit&Fun 2a und 2b

Männer und Frauen

Rang	Verein	Ball-Kreuz	Unihockey	Endnote
1	FR MR Marbach	9Ti 9Tu 10.00	10Ti 10Tu 10.00	10.00 10.48443
2	TV Niederwil	9Ti 9Tu 10.00	8Ti 10Tu 10.00	10.00 10.37846
3	FR MR Kriessern	10Ti 14Tu 10.00	11Ti 15Tu 10.00	10.00 10.28983
4	STV Oberriet-Eichenwies	11Ti 7Tu 10.00	11Ti 7Tu 10.00	10.00 10.16397
5	FR MR Buchs	4Ti 2Tu 10.00	6Ti 4Tu 9.98	9.99
6	STV Oberhelfenschwil	5Ti 7Tu 9.87	5Ti 7Tu 9.96	9.92
7	MR Rüthi	0Ti 6Tu 10.00	0Ti 10Tu 9.79	9.90
8	TV Goldingen	6Ti 0Tu 10.00	8Ti 0Tu 9.68	9.84
9	FR Lüchingen	7Ti 5Tu 9.51	7Ti 5Tu 10.00	9.76
10	FR Galgenen	6Ti 0Tu 10.00	8Ti 0Tu 9.45	9.73
11	STV Eschenbach	6Ti 6Tu 9.40	7Ti 7Tu 10.00	9.70
12	TV Gossau	8Ti 4Tu 9.78	11Ti 5Tu 9.54	9.66
13	TV Zuzwil	6Ti 6Tu 9.52	6Ti 6Tu 9.68	9.60
14	Gymnastik Schmerikon	4Ti 2Tu 9.11	6Ti 2Tu 9.75	9.43
15	FR MR Widnau	3Ti 9Tu 10.00	4Ti 8Tu 8.83	9.42
	FR MR Balgach	5Ti 1Tu 9.26	8Ti 2Tu 9.57	9.42
17	MR Wattwil	3Ti 9Tu 9.66	3Ti 9Tu 9.15	9.41
18	FTV MR Waldstatt	6Ti 6Tu 8.98	7Ti 9Tu 9.09	9.04
	FR MR Teufen	6Ti 6Tu 9.67	7Ti 9Tu 8.40	9.04
20	FTV MTV Brunnadern	7Ti 5Tu 8.40	7Ti 5Tu 9.64	9.02
	MR Mels	0Ti 6Tu 9.25	0Ti 8Tu 8.78	9.02
22	FR MR Degersheim	6Ti 6Tu 8.90	8Ti 6Tu 9.09	9.00
23	STV Kaltbrunn	8Ti 22Tu 8.87	9Ti 23Tu 8.93	8.90
24	FTV MR Urnäsch	12Ti 6Tu 8.99	14Ti 6Tu 8.76	8.88
25	MR Oberegg	4Ti 8Tu 8.83	4Ti 8Tu 8.90	8.87
26	STV Gams	7Ti 5Tu 8.70	8Ti 4Tu 8.99	8.85
27	DTV Wildhaus	6Ti 0Tu 8.57	8Ti 0Tu 8.86	8.72
28	FR MR Gommiswald	19Ti 17Tu 8.35	19Ti 17Tu 8.98	8.67
29	TV Bichwil	0Ti 6Tu 8.66	0Ti 8Tu 8.19	8.43
30	DR MR Walenstadt	8Ti 4Tu 8.16	9Ti 5Tu 8.59	8.38
31	MR Bad Ragaz	0Ti 6Tu 8.23	0Ti 8Tu 8.35	8.29
32	FR MR Uzwil / Oberuzwil	0Ti 6Tu 7.90	2Ti 6Tu 8.50	8.20
33	TV Rebstein	12Ti 12Tu 7.71	12Ti 12Tu 8.66	8.19
	FR MR Schwellbrunn	0Ti 12Tu 7.93	0Ti 12Tu 8.44	8.19
35	TSV Mörschwil	0Ti 6Tu 8.28	0Ti 8Tu 7.93	8.11
36	FR MR Niederurnen	4Ti 2Tu 7.27	5Ti 3Tu 8.65	7.96
37	FTV Quarten	6Ti 0Tu 7.40	8Ti 0Tu 7.91	7.66

Rangliste Fit&Fun 2a und 2b

Seniorinnen und Senioren

Rang	Verein	Ball-Kreuz	Unihockey	Endnote
1	TV Niederwil	0Ti 6Tu 10.00	0Ti 8Tu 10.00	10.00 11.34367
2	TV Zuzwil	7Ti 5Tu 10.00	7Ti 5Tu 9.84	9.92
3	FR MR Kriessern	2Ti 4Tu 10.00	3Ti 5Tu 9.65	9.83
4	STV Heerbrugg	3Ti 3Tu 9.75	5Ti 5Tu 9.12	9.44
5	STV Oberriet-Eichenwies	12Ti 0Tu 8.77	12Ti 0Tu 9.67	9.22
6	DTV St.Gallen-Post	6Ti 0Tu 8.11	8Ti 0Tu 9.05	8.58
7	MR Bazenhaid	4Ti 8Tu 7.70	5Ti 7Tu 8.56	8.13

Rangliste Fit&Fun 3a und 3b

Männer und Frauen

Rang	Verein	Moosgummiring	Tennis-Ball-Rugby	Endnote
1	STV Oberriet-Eichenwies	11Ti 7Tu 10.00	10Ti 6Tu 10.00	10.00 10.40210
2	STV Eschenbach	6Ti 6Tu 10.00	5Ti 7Tu 10.00	10.00 10.26732
3	TV Gossau	8Ti 4Tu 10.00	9Ti 7Tu 9.90	9.95
4	FR MR Buchs	3Ti 3Tu 10.00	4Ti 4Tu 9.85	9.93
5	FR MR Balgach	4Ti 2Tu 10.00	6Ti 2Tu 9.75	9.88
6	FR Lüchingen	7Ti 5Tu 9.64	7Ti 5Tu 10.00	9.82
7	TV Niederwil	8Ti 10Tu 10.00	8Ti 8Tu 9.46	9.73
8	FR MR Kriessern	11Ti 13Tu 10.00	10Ti 14Tu 9.41	9.71
9	FR MR Marbach	8Ti 10Tu 10.00	10Ti 10Tu 9.28	9.64
10	STV Oberhelfenschwil	5Ti 7Tu 10.00	4Ti 8Tu 9.10	9.55
11	MR Rüthi	0Ti 6Tu 10.00	0Ti 8Tu 8.97	9.49
	FR MR Degersheim	6Ti 6Tu 9.97	8Ti 4Tu 9.00	9.49
13	FR Galgenen	6Ti 0Tu 9.76	8Ti 0Tu 8.94	9.35
14	FR MR Widnau	3Ti 9Tu 9.33	3Ti 9Tu 9.04	9.19
15	TV Zuzwil	6Ti 6Tu 9.31	6Ti 6Tu 9.03	9.17
16	Gymnastik Schmerikon	3Ti 3Tu 9.31	5Ti 3Tu 8.95	9.13
17	MR Wattwil	2Ti 10Tu 8.87	3Ti 9Tu 8.95	8.91
18	MR Bad Ragaz	0Ti 6Tu 9.59	0Ti 8Tu 7.76	8.68
19	STV Gams	7Ti 5Tu 8.40	7Ti 5Tu 8.66	8.53
20	FTV MR Waldstatt	5Ti 7Tu 8.87	6Ti 10Tu 8.14	8.51
21	MR Oberegg	4Ti 8Tu 8.79	4Ti 8Tu 8.10	8.45
22	FR MR Uzwil / Oberuzwil	2Ti 4Tu 8.44	2Ti 6Tu 8.44	8.44
23	STV Kaltbrunn	8Ti 22Tu 8.31	9Ti 23Tu 8.54	8.43
24	FTV MTV Brunnadern	7Ti 5Tu 8.77	7Ti 5Tu 7.91	8.34
25	DTV Wildhaus	6Ti 0Tu 8.93	8Ti 0Tu 7.73	8.33
	FR MR Teufen	5Ti 7Tu 8.76	8Ti 8Tu 7.89	8.33
27	FR MR Niederurnen	4Ti 2Tu 8.27	6Ti 2Tu 8.22	8.25
28	FR MR Schwellbrunn	0Ti 12Tu 7.88	0Ti 12Tu 8.59	8.24
29	FR MR Gommiswald	15Ti 15Tu 8.45	17Ti 15Tu 7.82	8.14
30	TV Rebstein	12Ti 12Tu 7.98	12Ti 12Tu 7.82	7.90
31	DR MR Walenstadt	8Ti 4Tu 8.07	8Ti 4Tu 7.37	7.72
32	FTV MR Urnäsch	12Ti 6Tu 7.90	15Ti 5Tu 7.35	7.63
33	TV Bichwil	0Ti 6Tu 7.82	0Ti 8Tu 7.18	7.50

Rangliste Fit&Fun 3a und 3b

Seniorinnen und Senioren

Rang	Verein	Moosgummiring	Tennis-Ball-Rugby	Endnote
1	TV Zuzwil	7Ti 5Tu 10.00	7Ti 5Tu 10.00	10.00 10.57081
2	TV Niederwil	0Ti 6Tu 10.00	1Ti 7Tu 9.39	9.70
3	STV Oberriet-Eichenwies	12Ti 0Tu 9.11	12Ti 0Tu 10.00	9.56
4	DTV St.Gallen-Post	6Ti 0Tu 9.67	8Ti 0Tu 8.98	9.33
5	STV Heerbrugg	3Ti 3Tu 9.80	4Ti 4Tu 8.64	9.22
6	FR MR Kriessern	2Ti 4Tu 10.00	3Ti 5Tu 8.18	9.09
7	MR Bazenheim	4Ti 8Tu 7.97	4Ti 8Tu 8.02	8.00

Rangliste Zielkugelstossen

Männer und Frauen

Rang	Verein	TU	Abw. cm	TUI	Abw. cm	Endnote
1	TV Goldingen	0	0	9	4	9.89
2	FTV MR Waldstatt	7	10	0	0	9.76
3	FR MR Buchs	5	12	7	8	9.75
4	FR MR Balgach	2	17	7	9	9.73
	TV Niederwil	10	16	9	6	9.73
6	FR MR Kriessern	17	13	11	11	9.68
	STV Eschenbach	7	14	7	12	9.68
8	FR MR Widnau	8	15	0	0	9.62
9	FR Lüchingen	5	22	7	11	9.61
	TSV Mörschwil	4	16	0	0	9.61
11	STV Oberhelfenschwil	7	15	5	18	9.60
12	DR Wägital	0	0	5	16	9.60
13	MR Bad Ragaz	8	17	0	0	9.59
14	MR Mels	8	17	0	0	9.58
15	FTV MTV Brunnadern	6	18	6	16	9.57
16	FTV Quarten	0	0	5	18	9.55
17	FR MR Gommiswald	8	23	14	17	9.53
18	STV Kaltbrunn	26	19	9	21	9.52
19	Gymnastik Schmerikon	3	17	5	23	9.48
20	STV Gams	6	33	8	15	9.43
21	MR Nesslau-Krummenau	4	26	0	0	9.36
22	FR MR Uzwil / Oberuzwil	6	33	2	23	9.25

Seniorinnen und Senioren

Rang	Verein	TU	Abw. cm	TUI	Abw. cm	Endnote
1	DTV St.Gallen-Post	0	0	8	12	9.70
2	TSV Mörschwil	4	14	0	0	9.66
3	FR MR Kriessern	5	17	3	13	9.61
4	FR MR Gommiswald	8	21	1	6	9.51

Rangliste Schleuderball

Männer und Frauen

Rang	Verein	Anz TU Ø Weite	Anz TUI Ø Weite	Endnote
1	STV Kaltbrunn	4 47.85	0 0.00	10.00 11.71313
2	DR Wägital	0 0.00	4 34.60	10.00 10.55063
3	FTV MR Waldstatt	4 42.74	0 0.00	10.00 10.43438
4	FR MR Kriessern	5 43.52	7 31.50	10.00 10.13208
5	TV Gossau	5 41.02	3 29.62	9.74
6	TV Niederwil	4 38.69	0 0.00	9.42
7	MR Nesslau-Krummenau	4 35.64	0 0.00	8.66
8	FR MR Gommiswald	6 29.67	3 30.63	7.97
9	TV Goldingen	0 0.00	9 22.98	7.65
10	Gymnastik Schmerikon	3 27.63	1 32.51	7.50
11	MR Mels	8 29.56	0 0.00	7.14

Seniorinnen und Senioren

Rang	Verein	Anz TU Ø Weite	Anz TUI Ø Weite	Endnote
1	FR MR Kriessern	4 41.15	0 0.00	10.00 10.53688
2	TV Niederwil	4 39.66	0 0.00	10.00 10.16438
3	FR MR Gommiswald	6 32.58	0 0.00	8.39

Rangliste Crosslauf

Männer und Frauen

Rang	Verein	TU	Ø Zeit	TUI	Ø Zeit	Endnote
1	FR MR Marbach	2	14' 46 "	2	17' 04"	9.53
2	STV Kaltbrunn	4	16' 06 "	0	0' 00"	9.42
3	STV Gams	3	16' 27 "	3	17' 31"	9.36
4	MR Mels	5	18' 27 "	0	0' 00"	8.89

Rangliste Gigathlon

Männer und Frauen

SNR	Verein	Biken	Joggen	Walken	Skaten	Endzeit
31	TV Bichwil 1	00:15:35	00:11:27	00:19:31	00:13:02	00:59:35
32	TV Bichwil 2	00:18:30	00:14:11	00:20:13	00:13:16	01:06:10
33	TV Bichwil 3	00:13:54	00:10:54	00:17:48	00:09:40	00:52:16
2	FTV MTV Brunnadern	00:21:12	00:12:40	00:18:58	00:12:10	01:05:00
34	FR MR Degersheim 1	00:18:12	00:12:34	00:21:25	00:13:01	01:05:12
35	FR MR Degersheim 2	00:16:39	00:13:05	00:16:28	00:10:41	00:56:53
3	STV Eschenbach	00:15:05	00:14:52	00:18:05	00:09:49	00:57:51
4	FR MR Gommiswald 1	00:16:48	00:16:32	00:19:11	00:12:14	01:04:45
5	FR MR Gommiswald 2	00:17:51	00:14:53	00:20:38	00:11:41	01:05:03
6	FR MR Gommiswald 3	00:17:56	00:15:49	00:19:55	00:13:17	01:06:57
7	FR MR Gommiswald 4	00:18:41	00:12:11	00:20:17	00:11:42	01:02:51
36	TV Gossau 1	00:17:46	00:13:14	00:19:37	00:14:28	01:05:05
37	TV Gossau 2	00:17:02	00:11:25	00:16:30	00:11:22	00:56:19
9	STV Kaltbrunn 1	00:15:00	00:11:05	00:17:20	00:10:33	00:53:58
10	STV Kaltbrunn 2	00:15:01	00:11:46	00:20:35	00:11:23	00:58:45
11	STV Kaltbrunn 3	00:16:25	00:12:49	00:19:18	00:10:56	00:59:28
12	STV Kaltbrunn 4	00:16:30	00:12:13	00:19:39	00:12:13	01:00:35
38	STV Kaltbrunn 5	00:17:35	00:13:57	00:20:44	00:11:41	01:03:57
13	STV Kaltbrunn 5	00:19:26	00:13:27	00:19:07	00:12:51	01:04:51
39	STV Kaltbrunn 6	00:20:06	00:13:45	00:23:48	00:08:54	01:06:33
14	FR MR Kriessern 1	00:17:28	00:12:20	00:18:13	00:13:26	01:01:27
15	FR MR Kriessern 2	00:15:55	00:14:11	00:17:55	00:11:59	01:00:00
16	FR MR Kriessern 3	00:15:03	00:12:57	00:18:12	00:10:35	00:56:47
17	TV Lichtensteig	00:19:41	00:13:23	00:20:19	00:15:08	01:08:31
18	MR Mels 1	00:15:05	00:11:51	00:20:42	00:10:59	00:58:37
19	TSV Mörschwil 1	00:16:18	00:12:48	00:18:49	00:10:18	00:58:13
22	FR MR Niederurnen 1	00:15:55	00:13:38	00:20:57	00:15:03	01:05:33
23	FR MR Niederurnen 2	00:16:37	00:15:47	00:21:02	00:13:00	01:06:26
24	FR MR Niederurnen 3	00:16:43	00:14:44	00:18:53	00:12:47	01:03:07
25	FR MR Niederurnen 4	00:18:44	00:13:31	00:16:23	00:14:30	01:03:08
41	TV Rebstein 1	00:15:59	00:14:51	00:13:39	00:16:02	01:00:31
42	TV Rebstein 2	00:17:41	00:15:03	00:19:42	00:13:07	01:05:33
43	MR Rüthi 1	00:13:40	00:11:28	00:17:31	00:09:37	00:52:16
44	MR Rüthi 2	00:16:49	00:12:15	00:17:01	00:10:06	00:56:11
46	FR MR Schwellbrunn	00:16:47	00:25:20	00:09:25	00:12:14	01:03:46
47	FR MR Teufen 1	00:20:32	00:15:54	00:16:58	00:14:36	01:08:00
48	FR MR Teufen 2	00:20:49	00:17:26	00:22:46	00:11:10	01:12:11
49	FTV MR Urnäsch 1	00:20:18	00:13:59	00:18:06	00:13:20	01:05:43
50	FTV MR Urnäsch 2	00:20:17	00:15:36	00:20:35	00:15:01	01:11:29
51	FTV MR Urnäsch 3	00:19:18	00:17:46	00:19:32	00:16:31	01:13:07
26	FTV MR Waldstatt 1	00:16:47	00:12:53	00:18:14	00:13:05	01:00:59

Rangliste Gigathlon

Männer und Frauen

SNR	Verein	Biken	Joggen	Walken	Skaten	Endzeit
27	FTV MR Waldstatt 2	00:22:27	00:11:36	00:22:00	00:13:30	01:09:33
52	DR MR Walenstadt 1	00:19:02	00:18:18	00:15:56	00:16:08	01:09:24
53	DR MR Walenstadt 2	00:20:56	00:13:05	00:18:25	00:13:44	01:06:10
54	DR MR Walenstadt 3	00:15:31	00:14:23	00:19:44	00:14:14	01:03:52
55	DR MR Walenstadt 4	00:21:02	00:14:02	00:17:22	00:13:39	01:06:05
56	DR MR Walenstadt 5	00:16:51	00:12:55	00:17:43	00:15:11	01:02:40
28	FR MR Widnau	00:16:34	00:15:26	00:17:34	00:12:15	01:01:49
57	TV Zuzwil	00:16:27	00:11:58	00:19:16	00:10:52	00:58:33
58	FR MR Teufen	00:27:23	00:14:19	00:19:30	00:10:58	01:12:10

Seniorinnen und Senioren

SNR	Verein	Biken	Joggen	Walken	Skaten	Endzeit
8	FR MR Gommiswald	00:17:01	00:16:23	00:18:57	00:12:53	01:05:14
21	MR Nesslau-Krummenau	00:21:31	00:12:32	00:18:19	00:11:37	01:03:59

Rangliste 3-Spiel

Männer und Frauen

Vorrundenspiele

Gruppe: A Vorrunde

Rang	Verein	Punkte	pos	neg
1	Eschenbach 1	12	56	35
2	Gommiswald 1	10	44	45
3	Gommiswald 2	9	43	45
4	Gommiswald 3	9	37	42
5	Goldingen 2	7	52	51
6	Goldingen 1	7	46	48
7	Gommiswald 4	7	41	53

Gruppe: B Vorrunde

Rang	Verein	Punkte	pos	neg
1	Lichtensteig 1	18	81	18
2	Eschenbach 2	12	48	36
3	Gommiswald 6	10	44	51
4	Goldingen 3	9	46	46
5	Gommiswald 8	7	45	54
6	Gommiswald 5	3	36	63
7	Gommiswald 7	3	33	65

Gruppe: C Vorrunde

Rang	Verein	Punkte	pos	neg
1	Lichtensteig 2	18	62	27
2	Kaltbrunn 4	15	58	34
3	Bad Ragaz 1	12	65	26
4	Kaltbrunn 3	6	46	51
5	Kaltbrunn 2	6	42	68
6	Lichtensteig 3	3	36	68
7	Kaltbrunn 1	3	33	68

Gruppe: D Vorrunde

Rang	Verein	Punkte	pos	neg
1	Bad Ragaz 2	15	56	30
2	Kaltbrunn 7	13	53	35
3	Quarten 1	9	49	48
4	Gams 1	9	40	56
5	Kaltbrunn 6	8	45	43
6	Kaltbrunn 5	4	43	51
7	Kaltbrunn 8	3	35	58

Vorrundenspiele

Gruppe: E Vorrunde

Rang	Verein	Punkte	pos	neg
1	Niederwil 1	16	76	34
2	Uzwil/Oberuzwil 1	16	70	37
3	Niederwil 3	12	61	44
4	Niederwil 2	9	51	52
5	Quarten 2	3	52	67
6	Gams 2	3	44	77
7	Lüchingen 1	3	33	76

Gruppe: F Vorrunde

Rang	Verein	Punkte	pos	neg
1	Uznach 2	13	54	35
2	Uzwil/Oberuzwil 2	12	57	45
3	Uznach 1	12	56	40
4	Niederwil 5	7	55	55
5	Uznach 3	6	45	53
6	Lüchingen 2	6	45	61
7	Niederwil 4	6	42	65

Gruppe: G Vorrunde

Rang	Verein	Punkte	pos	neg
1	Widnau 1	15	56	31
2	Kriessern 4	10	55	42
3	Kriessern 3	10	45	48
4	Kriessern 1	9	53	46
5	Uznach 5	9	49	52
6	Kriessern 2	9	46	47
7	Uznach 4	0	33	71

Gruppe: H Vorrunde

Rang	Verein	Punkte	pos	neg
1	Oberriet	18	66	30
2	Brunnadern 1	15	56	29
3	Kriessern 6	12	48	36
4	Brunnadern 2	6	47	44
5	Kriessern 7	6	38	55
6	Kriessern 5	6	37	56
7	Widnau 2	0	27	69

Rangliste 3-Spiel

Männer und Frauen

Vorrundenspiele

Gruppe: I Vorrunde

Rang	Verein	Punkte	pos	neg
1	Brunnadern 3	16	56	27
2	Waldstatt 2	15	61	28
3	Nesslau 1	10	51	40
4	Waldstatt 1	10	49	39
5	Wägital 1	7	44	47
6	Brunnadern 4	3	23	73
7	Mörschwil 1	0	0	30

Gruppe: J Vorrunde

Rang	Verein	Punkte	pos	neg
1	Waldstatt 4	18	50	27
2	Mörschwil 2	13	52	39
3	Waldstatt 3	9	47	38
4	Waldstatt 5	9	41	35
5	Nesslau 2	7	44	49
6	Wägital 2	6	43	59
7	Mörschwil 3	0	0	30

Zwischenrunde

7 Brunnadern 3 0 29 70

Final

Gruppe: F1 Finalrunde

Rang	Verein	Punkte	pos	neg
1	Kaltbrunn 4	13	40	30
2	Brunnadern 1	12	43	44
3	Lichtensteig 1	11	52	25
4	Lichtensteig 2	10	45	34
5	Bad Ragaz 2	6	38	43
6	Oberriet	5	31	48
7	Waldstatt 2	1	23	48

Zwischenrunde

Gruppe: Z1 Zwischenrunde

Rang	Verein	Punkte	pos	neg
1	Lichtensteig 1	18	67	13
2	Waldstatt 2	13	43	35
3	Lichtensteig 2	9	45	37
4	Eschenbach 1	9	38	48
5	Widnau 1	6	34	46
6	Uzwil/Oberuzwil 1	4	28	51
7	Uznach 2	3	33	58

Gruppe: Z2 Zwischenrunde

Rang	Verein	Punkte	pos	neg
1	Oberriet	15	55	29
2	Brunnadern 1	13	55	35
3	Bad Ragaz 2	13	54	34
4	Kaltbrunn 4	12	56	29
5	Waldstatt 4	6	41	52
6	Niederwil 1	3	28	69

Rangliste 3-Spiel

Seniorinnen und Senioren

Vorrundenspiele

Gruppe: K Vorrunde

Rang	Verein	Punkte	pos	neg
1	Gommiswald 1	18	79	27
2	Kriessern 1	12	68	45
3	Gommiswald 2	9	56	56
4	Uzwil/Oberuzwil 1	9	50	51
5	Niederwil	6	43	65
6	Oberriet 1	6	41	74
7	Kriessern 2	3	43	62

Gruppe: L Vorrunde

Rang	Verein	Punkte	pos	neg
1	Mörschwil	15	56	34
2	Widnau	15	46	34
3	Oberriet 3	9	49	55
4	Gommiswald 3	9	47	49
5	Oberriet 2	6	46	44
6	Kriessern 3	6	43	48
7	Kaltbrunn	3	40	63

Final

Gruppe: F2 Finalrunde

Rang	Verein	Punkte	pos	neg
1	Kriessern 1	15	59	38
2	Gommiswald 2	15	50	38
3	Mörschwil	12	55	37
4	Widnau	12	50	51
5	Uzwil/Oberuzwil 1	3	46	58
6	Gommiswald 3	3	45	61
7	Oberriet 3	3	40	62